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BOOK REVIEW

pISSN 0976 3325 | eISSN 2229 6816

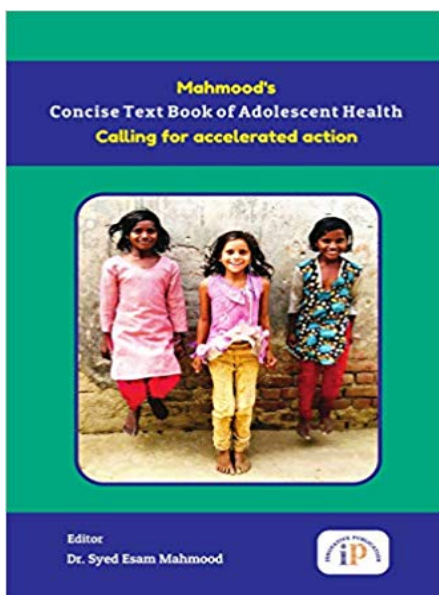
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Concise text Book of Adolescent Health

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Title of the book : Concise text Book of Adolescent Health

Editor : Dr. Syed Esam Mahmood

ISBN No.: 978-93-88022-23-1

Book Type: Textbook/Reference Book

Edition: First

Publishers: IP Innovative Publication Pvt. Ltd.

Location : New Delhi, India

Price : Rs. 350

Year of Publication : 2019

Pages : 134

The book entitled "Concise Textbook of Adolescent Health" edited by Professor Syed Esam Mahmood expands and deepens the understanding of adolescent health. This book is an essential guide for 10 to 19 years old, parents, teachers & counsellors. It provides information about the Health needs and problems of adolescents, National programs and recent initiatives related to Adolescent health in India and recommendations for accelerating the health of adolescents. Important aspects like Mental Health, Role of Parental Concern in Adolescent Health and Helplines for adolescents are included. Topics like "Helplines for Adolescent in India" and "Frequently asked Questions on Adolescent Health" are very novel. Simple and self-explanatory illustrations, tables and flow charts have been used. Recent developments have been incorporated. This will serve as a book for self-directed learning for students and medical practitioners. Institutions elsewhere will be benefited by using this book as a part of Faculty Development Programme. This book is highly recommended for undergraduate and postgraduate medical, dental, public health as well as master's in social work students.

The book fulfils the long standing needs of adolescents, health professionals, health managers and policy makers.