



Single Best Answer in Community Medicine

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The book "Single Best Answer in Community Medicine" (For Preparation of "NExT" and other Competitive Exams) by Kapil Gandha (Bhanushali) is the first edition (2021-22) published with above cited information. This book is inimitable and useful in a distinctive way due to the multifaceted prototype varieties included within it. The book has 30 chapters with wide adornment of all core components of Community Medicine, i.e., beginning with history of Preventive and Social Medicine, concept of health and disease, general and systemic epidemiology, maternal and child health care, nutrition, health care delivery etc. and extending up to a new-fangled pattern - dedicated sections for image based MCQs, all definitions at one place with questions from recent competitive exams.

As author has highlighted, the book is made particularly for preparation of "NExT" and other competitive exams, the patterns of MCQs being asked in such exams till now, is very well maintained with utmost concern. The recent advance contents are usually challenging to include in MCQs format when paucity of literature is available and the author seems to have paved mammoth efforts in the core constitution of such topics like COVID-19, CBME aspects and new national health programs or changes/updates in existing health programs. Each chapter has wide variety of MCQs with discernible and dedicated efforts to cover all aspects and subtopics for selected themes. The special inclusion of 1000 plus MCQs from public service commission level competitive exams impart this book a distinctive status in comparison to similar book which also make this on a top of favourable choice/options for senior residents, junior and mid-level faculties preparing for such government exams. Another astonishing facet is inclusion of an ample range of MCQs covering BCBR (Basic Course in Biomedical Research) concept which is very imperative for all students/faculties in medical education after acknowledged as mandatory by national medical commission.

For affirmative progress of this book, a petite bouquet of suggestions is there. Making its' strength

more robust, efforts shall be paid to increase coverage of Clinico-social case-based scenario and MCQs from them, as the same are being increasingly given weightage and the trend is in positive and proper directions as the assessment of knowledge about applied aspects is desirable by agencies executing exams. The final aim of competency based medical education to create competent Indian medical graduate is achievable only after clear concepts in basic medical science in toto with major emphasis on important community health concerns of our country. Another doable chore is inclusion of MCQs form UPSC exams and other state public service commission exams for faculties and public health officials' cadre. The same is going to increase the versatility of book in academic context.

The scope of commonly framed books of MCQs is not that much comprehensive being typically targeted to solely options with answer or short explanation at the end of chapter or book while presented book offers privilege of ease of checking answers just beneath the question itself, so, for reader, this pattern saves from cumbersome searching for answers/explanation from back-pages. I would like to congratulate the author for his visionary approach and extensive time-consuming review of literature for congregation of variety of MCQs and their solutions from different verifiable sources. This book will certainly be proved as one of the quintessential for various stakeholders in field of educations like for undergraduates, interns cum postgraduate aspirants preparing for NEET/NExT and in-service/ budding faculties in Community Medicine and public health fraternities.

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